

## *God of the Mountains and the Valleys.*

In 1 Kings chapter 19 I read about God's quiet voice to Elijah and I carried on reading into 1 Kings 20. I read about the Israelites defeating the Arameans who were led by Ben Hadad. Then his advisors told him that the Israelites had only won because their 'god' was 'god of the hills' but not of the valleys. Ben Hadad was advised that all he had to do was to fight the Israelites in the valley and he would win.

So God said to the Israelites:

Because the Arameans think the Lord is god of the hills and not a god of the valleys, I will deliver this vast army into your hands, and you will know that I am the Lord." 1 Kings 20:28 (NIV)

I was greatly encouraged by this. God is not just God in our mountain-top experiences when everything is going well and when we know he is with us; he is God in our valleys too, through tough times and setbacks when it feels as if he is not with us—but he is.

That same day, we visited friends. On their table was a new music CD. The second track was entitled 'God of the Mountains, God of the Valleys'.